

Overdose Lifeline, Inc.



Indiana nonprofit on the front-lines
of the Opioid Health Crisis since 2014

ADVOCACY >>

HARM REDUCTION >>

TRAINING + EDUCATION >>

YOUTH PREVENTION + EDUCATION >>

SUPPORT >>

Information > OverdoseLifeline.org



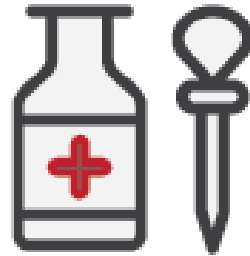
Our work ...



Narcan (naloxone) is now available over the counter **as a result of our work**

Increased state-wide awareness and knowledge via **evidence-informed adult training**

Our Youth Awareness Prevention Program is now used in **more than 28 U.S. states** by over **400 delivery partners**



Engaged **264 First Responder Departments**. Trained over **15,000** First Responders and over **5,000 layperson** on Narcan.



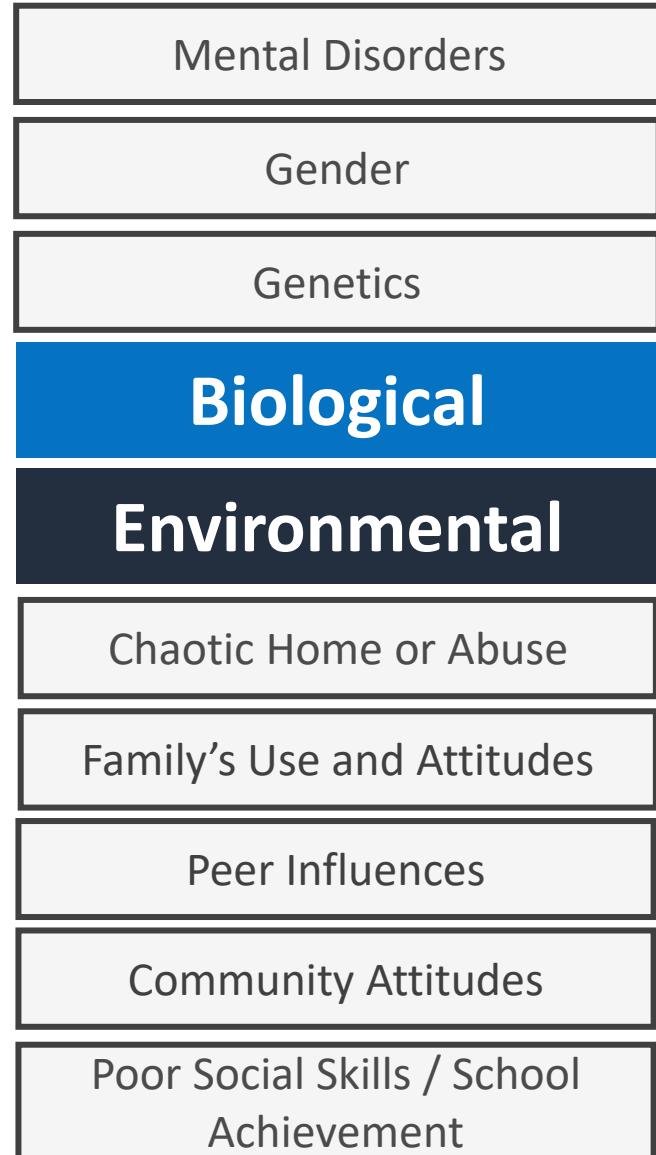
First in the U.S. to deliver an **evidence-based personality-targeted approach** to adolescent substance use prevention



Saved **thousands of Indiana residents' lives**



Cause and Risk Factors



The main factors fall within two categories:
Biological and Environmental



Need for Meaning and Connection

- “We are hardwired to connect with others, it’s what gives purpose and meaning to our lives, and without it there is suffering.” Brene Brown
- “there is a quality or drive innate in human beings called our search for meaning.” Victor Frankl
- “Addiction arises out of dislocation. The absence of meaning is yet another dislocation that we human beings, spiritual creatures that we are, cannot well endure.”- Gabor Mate, MD



Recovery Capital-

recovery capital is the total resources that a person has available to find and maintain their recovery.

Recovery capital (RC) is the breadth and depth of internal and external resources that can be drawn upon to initiate and sustain recovery from severe AOD problems (Granfield & Cloud, 1999; Cloud & Granfield, 1 2004).

- **Personal recovery capital.** This includes an individual's physical and human capital. Physical capital is the available resources to fulfil a person's basic needs, like their health, healthcare, financial resources, clothing, food, safe and habitable shelter, and transportation. Human capital relates to a person's abilities, skills, and knowledge, like problem-solving, education and credentials, self-esteem, the ability to navigate challenging situations and achieve goals, interpersonal skills, and a sense of meaning and purpose in life.
- **Family/social recovery capital.** These resources relate to intimate relationships with friends and family, relationships with people in recovery, and supportive partners. It also includes the availability of recovery-related social events
- **Community recovery capital.** This includes attitudes, policies, and resources specifically related to helping individuals resolve substance use disorders. Community resources are vast. According to White, they can include:
 - Recovery activism and advocacy aimed at reducing stigma
 - A full range of addiction treatment resources
 - [Peer-led support](#), such as mutual-aid meetings, that seek to meet the diverse needs of the community
 - [Recovery Community Organizations](#)
 - Recovery support institutions, educational-based recovery support such as recovery [high schools](#) and [colleges](#), [recovery housing](#), and recovery ministries and churches.
 - Visible and diverse local recovery role models
 - Resources to sustain recovery and early intervention programs, like employee assistance programs, and drug courts
- **Cultural capital.** These resources resonate with individuals cultural and faith-based beliefs.



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